

**Notice Regarding Breastfeeding Awareness Week Programme –
7 August 2026**

The Department of Home Science, Shri Guru Nanak Girls' P.G. College, University of Lucknow, organised a Quiz and Awareness Talk on 7 August 2026 (Friday) as part of Breastfeeding Awareness Week.

The programme aimed to create awareness among students about the importance of breastfeeding and maternal and child nutrition, while highlighting the role of informed nutritional practices in promoting the health and well-being of mothers and children.

The programme included a Quiz Competition from 11:30 AM to 12:00 Noon, followed by an Awareness Talk from 12:00 Noon to 1:00 PM by Ms. Ranu Singh, Community Nutritionist and Chief Program Officer, IAPEN India.

The initiative provided students with an informative platform to enhance their understanding of breastfeeding, maternal nutrition and child health, while encouraging greater awareness and social responsibility towards maternal and child well-being.

Department of Home Science
Shri Guru Nanak Girls' P.G. College, Lucknow