

**SHRI GURU NANAK GIRLS DEGREE COLLEGE, CHARBAGH,
LUCKNOW
ABHIMUKH 2022
(YUVA PRATIBHA SANGAM)
DATE: 09/12/2022 & 10/12/2022**

Note: Only girls student can compete in the events.

General Rules:

1. Confirmation of registration is to be sent in the name of Principal, Shri Guru Nanak Girls Degree College, Lucknow. Also registration letter shall be attested by their respective Principals. For online registration is please send registration form on e mail ID- principalsgngdc@gmail.com.
2. Participants who are successfully registered are requested to reach the college an hour before on the day of their respective event to ensure their participation
3. Send registration form duly filled bearing the name of the teacher and incharge teacher and the details of students. Also send soft copy vide valid college Id.
4. Each participating college is allowed to send only one team per event.
5. Participants are requested to fill the entries in capital letters.
6. The following documents will be required at the time of registration:
 - a) College identity cards/ ID proof
 - b) A 'No Objection' certificate (N.O.C.) duly signed by the principal.
7. A Pen drive (sound track) to be submitted on the day of the event wherever applicable.
8. Participants are expected to carry their own props accessories which they intend to use in their respective acts.
9. Participants are requested to not to participate in parallel running events.
10. The decisions of the judges regarding the winners of an event will be final.
11. Participants are solely responsible for their valuable belongings.
12. For debate only first 15(fifteen) entries will be registered.
13. Any kind of nuisance and indecency will lead to disqualification of the team.

SHRI GURU NANAK GIRLS DEGREE COLLEGE, CHARBAGH.
ABHIMUKH 2022
(YUVA PRATIBHA SANGAM)
RULES AND REGULATIONS

DEBATE (UNSTOPPABLE)

Topic – “Is Nuclear disarmament mandatory to achieve world peace?”

1. Participants per college: - 02 (one for the motion and one against the motion).
2. Time limit: - 04 minutes (03 minutes for speaking and 01 minute for refutation).
3. Reading is restricted.
4. Marks shall be deducted for exceeding the time limit.
5. Participants can speak either Hindi or in English.

ESSAY WRITING

1. Participants per college: 02
2. Time limit is one hour.
3. Topic will be declared on the spot.
4. Word limits 500-800 words.
5. Participants of story writing cannot participate in essay writing as timing for both are same.

POETRY (अपनी लेखनी अपने विचार)

1. Poetry should be original.
2. It should be thought provoking.
3. Participants per college 02.
4. Time Limit is 7 minutes.

STORY WRITING (स्वरचना)

1. Participants per college: 02
2. Time limit is one hour.
3. Story should be original.
4. Participants to bring their own stationery.
5. Participants of story writing cannot participate in essay writing as the timings for both are same.

COLLAGE WITH SLOGAN

THEME: (RENEWAL ENERGY)

1. Participants per college: - 02 (Seperately)
2. Time limit: 1 hour.
3. Participant will bring their own material.
4. Use of scissors & florescent colours is prohibited.
5. Pre-prepared work will lead to disqualification.
6. One full chart paper required.

POSTER WITH SLOGAN (PAINT YOUR IMAGINATION)

THEME: ACHIEVEMENT @ 75

1. Participants of per college: - 01
2. Time limit: 1 hour.
3. Water colour only are permitted.
4. Pre-prepared work will lead to disqualification.

SKETCHING(AKRITI)
THEME: DIGITAL REALITY

1. Participants of per college: - 01
2. Time limit: 1 hour.
3. Only pencil/charcoal pencils allowed.
4. Pre-prepared work will lead to disqualification.
5. Bring one full chart paper along with yourself.

RANGOLI (सतरंगी रे)
THEME: "SAY NO TO PLASTIC"

1. Participants of per college: - 02
2. Time limit: 1 hour.
3. Participants to bring their own material.
4. Making of mythological/religions figures is prohibited.

MEHNDI
THEME: (शगना दी मेंहन्दी)

1. Participants of per college: - 02 (1 artist,1 subject)
2. Time limit: 1 hour.
3. Participants to bring their own mehandi cones.
4. Mehndi Design should be neat & clean.
5. Arabic Design will not be considered.

FASHION SHOW
THEME: PARIDHAAN (FUSION OF CULTURES)

1. Participants per college : 7+1 (7 models + 1 designer)
2. Time Limit : 10 Minutes.
3. Music (In a pen drive) is to be brought by participating team.
4. Indecency will lead to disqualification.
5. Attires should be according to the theme.
6. Decision of the Judges will be Final and binding.

STREET PLAY (अभिव्यक्ति)
THEME: ("हनी ट्रेप")

1. Participants per college : 10-12
2. Time Limit : 10-12 Minutes
3. No. of entry per College : 01 Group.
4. Props can be used.
5. Teams are requested to maintain decorum and decency in behaviour & attire.
6. In case of abusive language and indecent behaviour the team will be disqualified

**MEHFIL - E- AWADH
(QAWWALI)**

1. Participants per college: 8-10 (maximum in a team).
2. Time Limit: 05-07 minutes.
3. The Qawwali should be medley of either Hindi / Urdu / Punjabi language.
4. Two instruments are compulsory and the instrumentalists are not included in participants.
5. Dress code for Qawwali should be followed.
6. No pre- recorded music or karaoke will be allowed.

GHAZAL (ALFAAZ - E - BAYAAN)

1. Participants per college : 01
2. Time Limit : 03 -04 Minutes
3. Only two instrumentalists are allowed
4. Instrument will not be provided by Host College.
5. The choice of Ghazal rests with the participants
6. No pre - recorded music or karaoke will be allowed.

DANCE (FOOT LOOSE)

1. Participants per college maximum 10 in a team.
2. Time Limit: 05-07 Minutes.
3. Please do virus check of your pen drive.
4. All dance forms are allowed.

ALL THE BEST!

Please contact for further details.

Cordinator:- Dr. Kumud Pandey

Mob. No:- 8931095048(Whatsapp), 9451913761

email ID- pandey3761@gmail.com

**Co- Coordinator:- Dr. Ranjeet Kaur
(9451389199)**

**Dr. Ankita Pandey
(9415341159)**

**Dr. Shivani Dixit
(9118778569)**

SHRI GURU NANAK GIRLS DEGREE COLLEGE, CHARBAGH, LUCKNOW

ABHIMUKH 2022

(YUVA PRATIBHA SANGAM)

09/12/2022 & 10/12/2022

PROGRAMME SCHEDULE

Inaugural Session: 09/12/2022

Timing: 10:00-11:00 a.m.

S.No	Competitions	Topics	Date	Timings	Venue
1	Debate (English & Hindi) UNSTOPPABLE	Is Nuclear disarmament mandatory to achieve world peace?	09/12/2022	11:30a.m.-12:30p.m.	Nanak Sabhagar (Auditorium)
2	Essay Writing	Topic will be given on the spot	09/12/2022	11:30a.m.-12:30p.m.	B-12
3	Story Writing (स्वरचना)	-----	09/12/2022	11:30a.m.-12:30p.m.	B-13
4	Poetry (अपनी लेखनी अपने विचार)	-----	09/12/2022	01:00a.m. - 02:00a.m.	Nanak Sabhagar (Auditorium)
5	Collage with Slogan	Renewal Energy	09/12/2022	11:30a.m.-12:30p.m.	B-14
6	Poster with Slogan (Paint your Imagination)	Achievement @ 75	09/12/2022	11:30a.m.-12:30p.m.	B-15
7	Sketching (Akriti)	Digital Reality	09/12/2022	11:30a.m.-12:30p.m.	B-15
8	Rangoli (सतरंगी रे)	Say No To Plastic	09/12/2022	11:30a.m.-12:30p.m.	Ground
9	Mehandi	शगना दी मेहन्दी	09/12/2022	11:30a.m.-12:30p.m.	Ground
10	Fashion Show (Paridhaan)	(Fusion of Cultures)	09/12/2022	02:30p.m.-3:30p.m.	Nanak Sabhagar (Auditorium))
11	Street Play (अभिव्यक्ति)	हनी ट्रेप"	09/12/2022	03:30p.m.- 4:30p.m.	Nanak Sabhagar (Auditorium)
12	Mehfil-E- Awadh (Qawwali)	A mix of Hindi/Urdu/ Punjabi language to be used.	10/12/2022	11:00a.m.-12:00p.m.	Nanak Sabhagar (Auditorium)
13	Ghazal (Alfaaz e Bayaan)	The choice of Ghazal rests with the participant	10/12/2022	12:00p.m.-1:00p.m.	Nanak Sabhagar (Auditorium)
14	Dance Group (Foot Loose)	Non Filmy	10/12/2022	1:00p.m.-2:00p.m.	Nanak Sabhagar (Auditorium)

Closing and prize distribution Dated: 10/12/2022 Timing: 03:00 p.m.

Cordinator:- Dr. Kumud Pandey

Mob. No:- 8931095048(Whatsapp), 9451913761

email ID- pandey3761@gmail.com

**Co- Coordinator:- Dr. Ranjeet Kaur
(9451389199)**

**Dr. Ankita Pandey
(9415341159)**

**Dr. Shivani Dixit
(9118778569)**